

Massages

Express

Focused Feel-Good Swedish Massage.
Custom add \$5 / Deep Tissue add \$11
29 Min - \$47

Relaxing Swedish

Slow and Flowing Full Body Massage.
Light Pressure. 65 min - \$92 or 92 min - \$137

Custom

A Custom Massage Tailored to Your Specific Needs. Medium Pressure
65 min - \$101 or 92 min - \$146

Deep / Therapeutic Tissue

Strong and Effective Massage
Deep Pressure and/or Therapeutic Techniques.
65 min - \$110 or 92 min - \$155

Myofascial Therapy

Used to Treat Injuries, Reduce Pain
Increase Range of Motion, and Reduce Cellulite
65 min - \$110 or 92 min - \$155

Warm Stone

Choose from Warm and Balancing Basalt Stones
or Warm & Cleansing Himalayan Salt Stones.
65 min - \$119 or 92 min - \$164

Hands / Feet

Relaxing, Rejuvenating and Hydrating Massage
29 min - \$56 or 56 min - \$110

Soothing Couples Massage for Two

Relaxing Side-by-Side Massage
65 min - \$182 or 92 min - \$272
Custom Upgrade – add \$9/person Deep Tissue
add \$18/person Warm Stone add \$27 / person

Pregnancy

Soft & Comforting Massage
65 min - \$101 or 92 min - \$146

Facials

We use Image Skin Care Products.

Image Skin Care is an evidence-based clinical skin care company, providing professional skincare technologies and effective skincare solutions. Being the most innovative brand in the industry, it consistently produces the latest anti-aging, balancing, hydrating & illuminating technologies to further its mission of helping the world to Age Later.

Signature Facial

This facial is specifically designed for your skin's special needs, it uses exfoliation, a treatment mask, steam, hydration and repair serums to balance and refine your skin.
56 min - \$110 or 83 min - \$137

Gentleman's

This facial treatment combines therapeutic, relaxation and corrective skin care tailored especially for men. A combination of facial massage, a facial mask, and exfoliation restore and re-nourish the skin.
56 min - \$110 or 83 min - \$137

Antioxidant, Anti-Aging

The Anti-Aging Facial is a comprehensive facial treatment that combines our stable vitamin C blend with corrective exfoliating agents, plant-derived stem cell technology and deeply hydrating ingredients to treat redness, inflamed and dry, dehydrated skin.
56 min - \$128 or 83 min - \$155



Deep Pore Cleansing

Extensive extractions are performed to remove impurities and congestion. Soothing enzymes soften and exfoliate the skin prior to extraction. A custom blended mask is applied to draw out impurities and create balance and hydration.
56 min - \$128 or 83 min - \$155

Deep Pore Back

This treatment is custom designed to clean deep into the pores of the back. Extensive extractions are performed to remove impurities and congestion. Soothing enzymes soften and exfoliate the skin prior to extraction. A custom blended mask is applied to draw out impurities creating balance and hydration. This treatment may use high frequency to penetrate healing products and eliminate bacterial colonization.
56 min - \$128 or 83 min - \$155

The Max Stem Cell

The Max delivers preventative measures against the effects of aging with a unique blend of plant-derived Stem Cells and Time Release Technology. Plant-derived stem cells reduce wrinkle depth. Hydrating botanicals show an immediate increase in skin hydration. Revolutionary peptides reduce the appearance of wrinkles. 56 min - \$128 or 83 min - \$155

Vitamin C Hydrating Facial

This treatment uses Vital C Image Products which are formulated for damaged, dry/dehydrated or sensitive Rosacea-prone skin. Great for maximum hydration.
56 min - \$128 or 83 min - \$155

Express

A quick, yet thorough, custom facial treatment designed for beautiful results even when time is limited. Perfect between full facials or for an evening out. 29 min - \$56

It's All About You

Exfoliating Body Glow

Exfoliating Body Glows may stimulate the lymphatic system, increase cellular oxygen and restore vital energy. A Body Glow will smooth, tighten and refine your skin.

Choose from

- Deep Relaxation Lavendar Salt
- Blissful Harmony Ancient Salt
- Mental Clarity Stimulating Salt
- Green Tea Moisturizing Salt
- Cellular Detoxifying Salt

Full Body - \$110

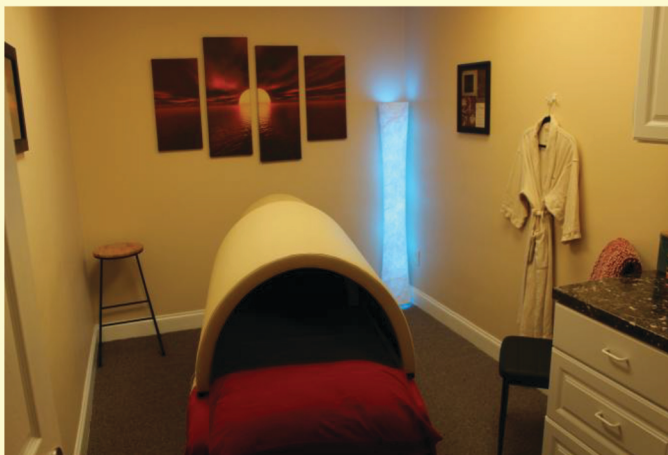
Hand & Forearms + Feet & Calves - \$56

Far-Infrared Sauna Treatment

Great for traditional uses of meditation and detoxification. Detoxification of the body can optimize the efficiency of the immune system. As a result, detoxing helps avoid disease, prevent illness and improves general health and vitality.

FIS heats the body from the core, therefore, it allows you to sweat up to 7 times more toxins.

Total Treatment time – 30 min. Single - \$38



Waxing

We use Only the Best Depilatory Wax. Waxing by our Specialist will leave your Skin Feeling Smoother and Silkier than Ever Before.

Come & Experience the True Art of Waxing at Sunrise Spa

Facial Waxing

Side Burns / Cheek - \$24

Lip - \$14 / Eyebrows - \$20 / Chin - \$20

Nostrils - \$14 / Ears - \$20 / Full Face - \$64

Body Waxing

Upper Arms - \$30 / Lower Arms - \$30

Full Arms - \$40 / Under Arms - \$20

Nipples - \$20 / Upper Legs - \$50

Lower Legs - \$50 (includes knees & feet)

Full Legs - \$80 (includes bikini line & feet)

Women's Waxing Services

Full Bare Brazilian - \$64 / Brazilian - \$60 (with landing strip) (back optional)

Ultimate Brazilian - \$54

(all around shaping) (back optional)

Full Bikini - \$44 / Bikini Line - \$40

Stomach - \$30 / Buttocks - \$30

Men's Waxing Services

Full Back - \$64 / Half Back - \$34

Full Chest - \$54 / Shoulders - \$34

Nostrils - \$14 / Ears - \$20



Sunrise Spa

Formerly Paradise Spa



Offering the Best Massage in the St. Pete Area

*Massage / Body Scrubs & Glows
Facials & Skin Care / Sauna
Facial & Body Waxing
Myofascial Therapy*

For Appointment or Gift Card,
Please Call

(727)360-4300

Or

Visit our website at
www.MySunriseSpa.com



**5750 5th Ave N.
Saint Petersburg, FL 33710**

✉ mysunrisespa@gmail.com

Est. Lic#MM46057